

RISE TO EXERCISE

Movement = Life = Movement

Signature & Agreement (Fillable)

By signing this document you agree to the Terms & Conditions and Privacy Policy of Rise To Exercise. Please also complete the PAR-Q before your first training session.

Participant details

Name	
Email	
Phone	
Date	
Signature (type name)	

Agreement

☐ I agree to the Terms & Conditions and Privacy Policy.